



Volume 1 YOUTH SPACE EDITION



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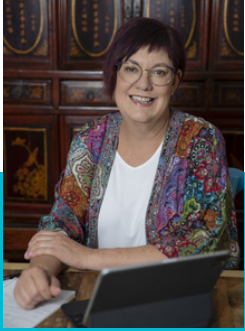
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YOUTH OPTIONS TEAM

FROM OUR LEADERS



**MICHELLE
BRAHAM**

At Youth Options, we believe in the power of education, empowerment, and empathy to build a brighter future for our youth.

By providing support, resources, and learning options, we help young people overcome obstacles and build resilience. It is our goal to establish pathways which have both meaning and direction.

This first half of the school year, we've worked hard from the get-go to set young people up for success. Throughout this newsletter you will see fabulous examples of them excelling and I'm super excited to report that we've seen attendance range from 74% to 93% across engagement programs.

As some people have already heard Jenni, our Youth Space Manager, has made the decision to resign for personal reasons. We thank her for her considerable service.

We are seeking a new Manager, Education and Wellbeing who will continue to build our program and develop new opportunities for young people to excel.

We are conscious of the Tailored Learning Provision model being implemented by the department in this recruitment process.

As we look to the future, maintaining a safe and welcoming environment so young people can receive support, learn and connect with others is at front of mind. We are going to miss Jenni's company, kindness and expertise however she has given us plenty of notice and allowed time for handover.

Whilst we are sad to see Jenni leave, we are also excited and committed to continuing the same quality and progress new educational opportunities for young people. We know how important it is to ensure support for young people, families and schools over this time.

Kind regards,
Michelle Braham
CEO



**JENNI
KING**

Welcome to edition 3 of the Youth Space newsletter!

This year we have had incredible success with our resilience and art groups both creating a safe space for our young people to develop new friendships, discuss important topics and support each other. We have also discovered some very talented artists.

Many of our young people have gained or are working towards their learner driver licences and are now undertaking lessons with our qualified driving instructor, Paula and driving mentors, Chad and David.

Our barista team are planning a pop-up café during the last week of school at the Minor Works building around the corner from Youth Options and will also be providing coffee for our term celebration. Another group of young people have almost completed their Senior First Aid and will be doing the practical assessment in coming weeks.

The cooking group has learnt to create some different dishes to a budget and are learning about healthy eating whilst our fitness group continues to attend EFM gym with trainer, Hannah from Reclink.

As usual, the workshop has been buzzing with 2 young people showing a talent for welding that they didn't know they had, students creating new projects during woodwork and our third group of budding mechanics are learning how to do basic checks on vehicles in Intro to Auto.

Thank you everyone for your support over the past 5+ years and I wish you all the best. Please be assured that Youth Options and the Youth Space staff will continue to provide the same quality, excellence and warmth to schools, families and our young people that we have become known for.

Kind regards,
Jenni King
Youth Space Manager

YOUTH SPACE

CLIENT CASE STUDIES

LEADERSHIP CAMP - FAITH'S STORY

On April 24, Faith was accepted into the Youth Governor's Leadership Foundation Program. This program is run annually through the Leaders Institute of South Australia.

This program is designed to help students aged 15-17 develop into confident, resilient and empowered young people who will be socially responsible change-agents primed to make a difference improving equality in their community. In 2024, 25 students from diverse schools and backgrounds, will come together for a 5-month leadership journey where they will learn self, team and community leadership. Commencing with a 2-day camp at Mylor they will work in mixed small teams over 12 weeks to progress a challenge facing a local organisation. Through fun, challenging and collaborative activities, teenagers will become more self-aware, be inspired to think 'we' not 'I', and learn how to serve the community through a hands-on project. Faith attended camp on the 18th and 19th of May at Mylor with the other young participants.

Faith was the first trans-gender young person in the program and was happily surprised at how welcoming, inviting and supportive the other young people and staff were. Faith said that she enjoyed the camp, enjoyed meeting new people and learnt a variety of new skills.

Feedback from the camp leaders was that Faith an absolutely fantastic participant, make some great new connections and contributed to group work and presentation.

Faith will spend the next 5 months as part of CAP Group (Community Action Project) that will be working on 'No Poverty'. We look forward to watching Faith grow and develop through this opportunity and attending the graduation in September.



Principles of Experiential Based Learning.

Experiential-based learning is an educational approach that prioritizes hands-on experiences as the primary means of acquiring knowledge and skills.

It revolves around active engagement, encouraging students to participate directly in learning activities. Reflection on these experiences is key, fostering self-awareness and the connection between theory and practice. Real-world relevance is emphasized to make learning meaningful and applicable.

Collaboration and personalized feedback play vital roles in this approach, promoting teamwork and individual growth. Experiential-based learning nurtures lifelong learning by instilling curiosity and adaptability, preparing students to excel in a rapidly changing world.

YOUTH OPTIONS TEAM

MEET OUR YOUTH SPACE TEAM



**KYM
HAYWARD**

With a diverse career spanning several industries, Kym's accumulated invaluable experience and expertise. Beginning in the building industry with a focus on roof tiling, Kym ventured into entrepreneurship early on, establishing his first business. Transitioning into culinary arts, Kym honed his skills as a chef in prestigious establishments throughout the Barossa Valley, before rediscovering his passion for hands-on work in earthmoving. Managing his own earthmoving enterprise for many years, Kym later seized the opportunity to oversee commercial kitchens at Maggie Beer's renowned establishments.

Pursuing further education, Kym obtained certifications in Community Service and Youth Work, completing my Cert IV in 2023. Motivated by a desire to bridge the gap between formal education and real-world readiness for young people, Kym found fulfillment in youth work, striving to equip them with essential life skills.

REFERRING A YOUNG PERSON TO YOUTH OPTIONS

To refer to Youth Options for FLO programs, a young person first needs to be assessed by their school of enrollment as FLO eligible. Normally this occurs in conversation with a year level coordinator or the schools FLO coordinator.

For students not in the public system a number of private schools will make 'FLO like' referrals.

For more information check out the Department for Education <https://tinyurl.com/ywv8hcfx>.

For more information visit our Youth Options website by the QR code or by using <https://youthoptions.org.au/>



**LUISA
ARANCIO**

Luisa is a case manager at youth space flexible learning options (FLO) program at youth options. Luisa graduated University of South Australia with a Bachelor of Social Science (Human Services) degree in 2023. Luisa also has experience in supporting young people through NDIS providing assistance in woodwork and metal work workshop.

Luisa has a passion in supporting young people achieve their goals and providing support in developing essential skills towards employment and, alternate pathways in education.

CONNECT WITH US



YOUTH OPTIONS
QR CODE



YOUTH SPACE
QR CODE

YOUTH OPTIONS FLO TESTIMONIAL

BON VOYAGE JOSH VEREYKEN – YOUTH OPTIONS STUDENT SETS SAIL ON ONE-AND-ALL

"Hello, my name is Joshua Vereyken, and I am an ex-student at Youth Options. During my time at Youth Options, I was supported tremendously by the staff, my case manager, and Jenni King in my FLO study and career prospects. They guided and helped me with general study if I got lost or confused, and when I wanted help, they were always there. Youth Options gave me the chance to participate in opportunities like sailing from Adelaide to Melbourne on The One & All Tall Ship, getting my construction white card, free driving lessons with a certified driving instructor, job counseling, chances to do work experience with local businesses, automotive classes, electronic classes, woodworking classes, cooking classes, and much, much more.

I made friends at Youth Options not only with the other students but with the lovely staff too. I always felt like I was welcome into the building even if I wasn't scheduled to be there, and I absolutely loved my time learning while being surrounded by people who had their best intentions in helping me, and it has drastically changed the path my life has gone down.

I cannot thank the staff at Youth Options and Jenni King enough for welcoming me with open arms and supporting me in my journey to adulthood."

Josh V



Doug + Josh

Do you want to help transform a young life?

HELP US TRANSFORM YOUNG LIVES WITH A TAX DEDUCTABLE DONATION BEFORE JUNE 30

All donations are used for direct support for young people who otherwise wouldn't have funding for that expense.

[Click to donate now](#)

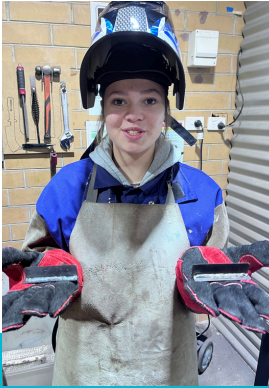
End of financial year donations campaign

As a not for profit organization, Youth Options seeks tax deductible each year to help directly fund student needs which cannot be met by their other funding resources (i.e. food and snacks for young people without capacity, initial driving lessons, clothes for job interviews, emergency phone credit, public transport costs etc.) Any support you can provide will be gratefully received.



YOUTH SPACE

PROGRAM NEWS



WELDING PROGRAM

In Term 2, students began the Youth Space “Introduction to MIG Welding Program”. The program is designed to give students an introduction to the basic techniques used in the workplace daily, with a strong emphasis on doing so safely and responsibly. The participants work in pairs in three separate welding bays, with a maximum of six students each session. Over the ten-week program students have learned the WHS requirements associated with welding, how to perform pre-start checks, and how to perform a variety of different welds and cutting techniques, as listed below.

- PPE and Tack Welds
- Butt Welds.
- Fillet Welds.
- Corner Joint Welds.
- Square Tube Welds
- T Joint Weld
- Cut Off Saw, Grinders.
- Plasma Cutter
- Measure. Cut and weld to plan

Students aim for each session to end with them earning a “star”, on their “Welding Passport”. This is achieved by successfully completing the weld covered in that session. After filling all 9 of the available spaces students are offered the opportunity to design and build a small project, using the skills they have learned from the program. The program is delivered via the experiential learning method, wherein students see something, do something and then reflect on the outcome. Reflection feedback is gathered from conversation during the session and a pre-printed reflection sheet. Participants have approached this program with enthusiasm and creativity and have shown skills they did not know they had, with some students producing welds exceeding their level of experience.

Pictured: Sophia



ARTS AND CRAFTS

See Polly, Kathleen, Grayson, Aaron, Scarlet, Reina, Zoe and placement student Alisha in one of our weekly Arts and Crafts sessions.

Youth Options Art and Craft program was initially a creative outlet for our young people but has now turned into an amazing social group for our young people dealing with anxiety. The group has gone from silently working on individual projects to beginning to initiate deep discussions with each other and supporting each other's work.

The Youth Space team have discovered some very talented artists and watched this group thrive with new friendships. The group have been exploring drawing and painting, creating tote bags, diamond art and candle making.

Their next collective interest is to try knitting and a sculpting class, Youth Options will work hard to let them experience this around the end of term.

Experiential based learning programs include:

- Workshop Warriors
- Intro to Automotive
- Art and Craft
- Cooking on a Budget
- Getting your L's, Drive me P's
- White card
- First aid
- Health and Fitness (With EFM gym)
- Branding and communications
- Intro to Barista skills
- Individual Workshop projects (Woodwork or metalwork)

YOUTH SPACE

TIMETABLE TERM 3

	<u>Monday</u>	<u>Tuesday</u> <u>Makerspace</u> <u>09:45-12:30</u>	<u>Wednesday</u> <u>MakerSpace</u> <u>09:45-11:00</u> <u>13:30-15:00</u>	<u>Thursday</u> <u>Makerspace</u> <u>09:45-12:30</u>	<u>Friday</u>
Morning session 1	Assisted Learning Cooking to a Budget 09:30 – 12:00 EIF	Assisted Learning EIF & English	Assisted Learning Math & English	Assisted Learning Health and Fitness 09:30 – 11:00 Math & Projects	Independent Learning
Morning session 2	Assisted Learning First Aid 11:00-12:30 EIF & English	Assisted Learning Intro to MIG Welding 11:00-12:30 Resilience 11:00-12:30 EIF & English	Assisted Learning Intro to Auto 11:00-12:30 Digital Tech 11:00 – 12:30 Math & English	Assisted Learning Workshop Warriors 11:00-12:30 Math & Projects	Independent Learning
12:30 – 16:00	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Afternoon session	Assisted Learning My Ls 13:00 – 14:30 Math	Assisted Learning Art or Creative Crafts 13:00-14:30 Math	Assisted Learning EIF	Assisted Learning Barista 13:00 – 16:00 English	Independent Learning

*This timetable is subject to change please check with staff.



YOUTH SPACE

NEW PROGRAM: RE-ENGAGE

RE-ENGAGE

Re-engage is a new program starting in Term 3 2024.
This program is aimed at 13 - 15 year olds.



Tuesdays - Group programs
1pm - 3pm



Wednesdays - Workshop Warriors
1pm - 3pm



Thursdays - Health and Fitness
11am - 1pm

This program includes weekly case management.
For any enquiries contact: <https://tinyurl.com/YORET32024>



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[linkedin.com/company/
youth-options-org](https://www.linkedin.com/company/youth-options-org)



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